# Exploration study on mortality trends in the territory surrounding an incineration plant of urban solid waste in the municipality of Vercelli (Piedmont, Italy) 1988-2009

C. Salerno\*, P. Marciani\*\*, E. Barasolo\*\*\*, P.G. Fossale\*\*\*\*, M. Panella\*, L.A. Palin\*

Key word: Incinerator, cancer, environmental risk, Vercelli Parole chiave: Inceneritore, cancro, rischio ambientale, Vercelli

#### Abstract

**Background:** The places, where the incinerators are located, often present problems of heterogeneous people having different environmental factors. It becomes important to evaluate the possible etiologic role of various environmental risk factors and try to quantify as they affect in the excess epidemiological

'OZ

**Methods:** This study considers the ISTAT index mortality due to all causes occurred from 1988 to 2009 referred to ten municipalities at south of Vercelli (Piedmont, North Western Italy) placed nearby the active incinerator from 1977 (10 latent years). The risks were calculated considering this area at risk versus the municipalities placed at North of Vercelli and versus the Vercelli.

**Results:** Some significant statically excesses emerged in the South area such as neoplasia of nervous system, liver and total of tumours.

**Conclusions:** The study presents some drawbacks, but it is a work creditable of widening by specific research ad hoc such as cohort and/or control where it is possible to verify various environmental, occupational and occasional factors.

# Introduction

The areas interested by the presence of incinerators are often heterogeneous and complex realities, characterized by the presence of other industrial activities, agricultural and commercial activities as well as residential settlements (1-6). The contamination factors derive from a wide variety of activities and have multiple consequences on the environment and the population living and working in these areas (7-12).

Besides, the consequences on health are mediated by social and economic factors (13), which add complexity and make it

<sup>\*</sup> Department of Translational Medicine, Laboratory of Environmental Hygiene, University of Eastern Piedmont "Amedeo Avogadro", Novara, Italy

<sup>\*\*</sup> Department of Pharmacological and Biomolecular Sciences, University of Milan, Milan, Italy

<sup>\*\*\*</sup> Department of Urology, Santa Rita Clinic- Policlinic of Monza, Vercelli, Italy

<sup>\*\*\*\*</sup> Federation of the Order of Physicians, Surgeons and Dentists, Vercelli, Italy

C. Salerno et al.

difficult to understand and describe how health and quality of life are affected.

Environmental pressure factors, which are usually associated to the presence of incinerators, can be summarised in the management and transport of waste products and in the presence of other industrial, agricultural and commercial activities, and residential settlements (7-9,14-16). All these factors can entail, in a very variable way, strong environmental pressures and important risk factors, such as, for example, the emission of Dioxin (17-21) with multiple exposures (22). The concerns about the effects on health of the polluters in the environment surrounding incinerators is growing. Many epidemiological studies, which have been performed to assess the impact on health of waste incineration plants, gave heterogeneous results (23).

Therefore, this complex scenario entails a delicate communication problem and underlines the need to apply effective interventions. (24-27)

The aim of this paper consists in investigating the presence of potential health risk factors for the population residing in the city of Vercelli, a North-western Italian city. Very close to the city, an incineration plant for urban solid waste has been operating since 1977. In the near-by area, there are also other plants with strong environmental impact, producing chemical substances, which have been operational since the early 80s.

This study is based on ISTAT municipal mortality for cancer and general pathologies in the period 1988-2009, involving 10 municipalities neighbouring the plant compared with 8 municipalities to the North of the chief town (Zone A); these territories are compared with each other and with Vercelli, the chief town (Zone C). The study makes the hypothesis of a local impact of the emissions (3, 28-34) potentially dangerous, net of long-term trends related to improvements in the nosography definition and the diagnostic survey techniques.



As many studies () show a correlation between the distance from the emission source and the frequency of pathologies, we further divided Zone B and compared the number of cases in the municipalities that lie within 9 km from the incineration plant with the farthest ones (Figure 1).

### Materials and methods

The populations living in the municipalities included in this research have been obtained from the Evolutionary Demographic Database of Piedmont (35) grouped as follows:

Zone B, which includes 10 municipalities for a total of 8682 inhabitants (4184 men and 4498 women); it stretches for a maximum distance of 15 km from the industrial area.

Zone A, which includes 8 municipalities for an average population of 7018 inhabitants (3474 men and 3544 women); it stretches for a maximum distance of 21 km from the reference zone.

Zone C, which is the metropolitan area of the main city, Vercelli that has a population 46979 inhabitant (22,248 men and 24,731 women) with an extension of about 80 km<sup>2</sup>.

Data on mortality were obtained from the Regional Database on Mortality (36) and, for oncological pathologies for year 2001-2009 by the RENCAM of the Local Health Authority of Vercelli. To exclude prevalent cases, since the incinerator plant was activated in the 1977, the following latencies were taken into account (7-9, 14-16, 37): (i) ten years for tumours (from) 1988 to 2009); (ii) 5 years for leukaemia (from 1983 to 2009); fifteen years for non-oncological pathologies (from 1992 to 2003). Considering the high number of tests performed and the risk of committing a type I error, correction is provided in accordance with the method of Holm for multiple testing.

The analysis was obtained by computing relative risks of mortality, comparing the number of deaths for the different pathologies in Zone B (potentially exposed zone) with those observed in Zones A and C (not exposed), related to the number of inhabitants. P-values were adjusted for multiple comparison using the Holm method.

# Results

Figure 2 (see attachments) shows how the most important environmental and/ or industrial forcing factors (referred to 1991) are mainly situated inside the Zone A and, obviously, in the main town (Zone C). The plains in Vercelli lowland are a mainly agricultural area of Piedmont, and in particular, the agricultural areas being studied (Zone A and Zone B) are characterised by rice cultivation, which suggests a homogeneous use of pesticides and a similar presence of active agricultural population. Lastly, figure 3 (attached) shoes the industrial activities neighbouring the administrative borders of the Province of Vercelli: no particular problems caused by industry plants of other cities can be found in the 3 areas being studied. Finally, we also took into account the presence of nursing homes in the municipalities included in the analysis; they are evenly distributed among the 3 areas, with similar number of beds.

Another data to be taken into account, although surrogate, obtained from ARPA (38) Piedmont, is that during the solar year, winds blow mainly from North to South-South-east/west for 2/3 of the year (6, 18, 39), which suggests a possible higher exposure to factory fumes for the municipalities in Zone B and in Vercelli's neighbourhoods that are closer to the industrial area.

In table 1-2, we reported the epidemiological data for oncological and general pathologies, with the related risks of mortality with the relevant level of statistical significance.

#### Discussion

As far as lung neoplasia are concerned, we found a prevalence of significant excesses for countryside zones (B and A), both in the total of sexes and for men towards the main city, Vercelli. The same consideration applies to brain neoplasia, even if in this case, the higher number of significant excesses recorded for the total observed cases is encountered in women; nevertheless, we must consider that, for this pathology, also non statistically relevant RMs show values that highlight a higher risk for rural zones, compared with the metropolitan area.

As regards leukaemia, significant excesses are only observed in women in countryside zones, whereas analysing the total data for this neoplasia a higher risk for the inhabitants of Vercelli seems present, maybe induced by

Table 1 - Risks of mortali	ity, total and by se	x, divideo	l for for oncol	ogical disease	s. Letters A, E	and C refer to	o the different	zones.		(
Neoplasm	Sex	OBS south belt	OBS north belt	OBS Vercelli	South vs north	P-value	VC vs south	P-value	VC vs north	P-value
Lung	M+F	178	105	848	1,33	0,052	0,82	0,048	1,08	0,47
	Μ	153	68	686	1,80	0,0003*	0,78	0,007	1,41	0,0003*
	F	25	37	162	0,52	0,02	1,09	0,75	0,57	0,006*
Nervous system	M+F	26	12	101	1,70	0,34	0,67	0,24	1,13	0,80
	Μ	12	L	53	1,37	0,99	0,77	0,99	1,06	0,99
	Ч	14	5	48	2,15	0,40	0,58	0,30	1,24	0,80
Colon-rectum	M+F	91	72	533	0,99	0,99	1,00	0,99	0,99	0,99
	Μ	54	43	283	1,00	0,99	0,99	0,99	0,92	0,99
	Г	37	29	250	0,98	0,99	1,14	66'0	1,12	0,99
Leukaemia	M+F	37	21	141	1,38	0,58	0,65	0,06	0,90	0,74
1983-2009	Μ	14	11	72	1,02	0,99	06'0	0,99	0,91	0,99
	F	23	10	69	1,76	0,36	0,51	0,0003*	0,89	0,87
Lymphonodes	M+F	24	8	127	2,35	0,12	0,91	0,74	2,13	0,12
	Μ	11	2	62	4,40	0,12	0,98	0,91	4,32	0,12
	F	13	9	65	1,66	0,99	0,84	0,99	1,40	0,99
All tumours	M+F	791	508	3136	1,22	0,0009*	0,68	0,0003*	0,83	$0,0004^{*}$
	Μ	473	301	2119	1,26	0,006*	0,78	0,0003*	0,98	0,79
	Ч	318	207	1017	1,18	0,08	0,54	0,0003*	0,64	0,0003*
Liver/V.B.	M+F	70	27	244	2,03	0,004*	0,60	0,0006*	1,21	0,39
	Μ	38	17	130	1,79	0,12	0,60	0,02	1,07	0,90
	F	32	10	114	2,45	0,03	0,60	0,03	1,48	0,29
Myeloma	M+F	11	10	09	0,86	0.99	0,94	0,99	0,81	0,99
	Μ	8	L	29	0,91	0.93	0,63	0,84	0,58	0,84
	F	3	3	31	0,77	0,99	1,75	0,99	1,34	0,99
Stomach	M+F	27	33	214	0,64	0,33	1,36	0,33	0,87	0,52
	Μ	19	22	122	0,69	0,90	1,12	0,90	0,77	0,90
	Н	8	11	92	0,56	0,58	1,94	0,27	1,09	0,92

636

C. Salerno et al.

C	alue	0,66	0,96	0,90	0,99	0,99	0,93	0,99	0,99	0,12	0,99	0,15	0,77	0,92	1	0,99	0,18	1	
	h P-v	1,22	1,03	2,46	0,87	1,21	0,56	0,83	1,04	0,71	1,47	0,62	1,23	1,14	-	0,75	0,40		
	ue VC v	0,66	0,78	0,98	0,99	0,99	0,99	0.93	0,99	0,22	0,99	0,10	0,24	0,21	0,59	0,99	0.95	0,54	
	P-val	0,78	0,74	0,92	0,79	0,82	0,73	0,76	0,85	0,79	1,02	0,62	0,59	0,57	1,01	0,84	1,16	0,64	
	VC vs south						,												
		066	0,88	0,00	0,99	0,99	0.99	0,99	0,99	0,70	0,99	0,85	0,34	0,42	ł	0,99	0,38	1	
	P-value	,57	,40	,68	,11	,47	LL,	,10	,22	,91	,44	00	60,	00		,89	,34	1	
	outh north	1,	1,	ų	1,	1,	0,	1,	1,	0,	1,	1,	5	6	3	, 0	° ?		
	Sc	127	89	38	78	52	26	94	243	265	91	62	55	49	9	39	20	19	S
	OBS Vercelli																		Crn
	OBS north belt	14	12	2	12	9	9	15	31	48	8	13	9	9	Nn	7	L	Nn	×0
	OBS south belt	28	21	L	17	11	9	20	46	57	15	17	16	15	1	8	3	5	
	Sex	Total by sex	Μ	Ц	M+F	Μ	Ч	M+F	M+F	-			M+F	Μ	Ц	M+F	Μ	F	
	Neoplasm	Bladder			Kidney			00-44aa(tumour)	00-44(all causes)	Breast	Uterus	Ovary	Larynx			Pleura			

637

Table 2 - Risks of mortality, total and by sex, divided for chronic diseases. Letters A, B and C refer to the different zones.

Non tumoural patologies			
Patology Sex OBS OBS OBS Sud vs P-value VC vs	P-value	VC vs	P-value
south belt north belt Vercelli Nord Sud		Nord	
Malforma- Total 5 4 36 0,98 0,99 1,23	0,99	1,21	0,99
tions by sex			
M Nn 3 17		0,79	0,97
F 5 1 19 3,83 0,99 0,64	0,99	2,42	0,99
Respiratory Total 99 89 559 0,87 0,99 0,97	0,99	0,94	0,99
system by sex			
M 61 52 290 0,94 0,81 0,83	0,40	0,78	0,33
F 38 37 269 0,79 0,99 1,20	0,99	0,94	0,99
Metabolic Total 42 28 207 1,17 0,99 0,84	0,99	0,99	0,99
illness by sex			
M 12 9 85 1,07 0,99 1,23	0,99	1,32	0,99
F 30 19 122 1,21 0,99 0,69	0,24	0,83	0,99
All causes Total 1606 1197 7526 1,05 0,24 0,80	0,0003*	0,84	0,0003*
by sex			
M 771 512 3653 1,21 0,0056* 0,83	0,0003*	0,99	0,93
F 835 685 3873 0,93 0,24 0,78	0,0003*	0,73	0,0003*
Diabetes M+F 35 22 160 1,25 0,99 0,78	0,66	0,98	0,99
M 9 6 62 1,20 0,99 1,20	0,99	1,44	0,99
F 26 16 98 1,25 0,94 0,64	0,15	0,79	0,94
Cardio- Total 732 557 3377 1,03 0,64 0,79	0,0003*	0,81	0,0003*
vascular by sex	40		
111ness	0.000*	1.04	0.64
M 309 196 1462 1,96 0,02 0,82	0,009*	1,04	0,64
F 423 361 1915 0,90 0,16 0,76	0,0003*	0,69	0,0003*
Ischaemic Iotal 169 141 1159 0,94 0,62 1,18	0,15	1,10	0,58
M 20 64 574 1.11 0.66 1.12	0.66	1.25	0.20
$\begin{array}{cccccccccccccccccccccccccccccccccccc$	0,00	1,23	0,50
$\begin{array}{c c c c c c c c c c c c c c c c c c c $	0,24	0,98	0,94
Cronical Iotal 37 30 238 0,97 0,99 1,10	0,99	1,06	0,99
illness			
M 25 22 137 0.91 0.99 0.95	0 99	0.87	0 99
$\begin{array}{cccccccccccccccccccccccccccccccccccc$	0.69	1.63	0,59
$\begin{array}{c ccccccccccccccccccccccccccccccccccc$	0.99	0.95	0,09
urinary by sex	0,79	0,95	0,22
illness			
M 12 5 65 1,92 0,78 0.94	0,98	1,81	0,78
F 11 12 55 0.70 0.99 0.84	0.99	0.59	0,42

P-value: (Fisher Test)

Neoplasia	Sex	OBS	OBS	OBS	>10 km	P-value	>10 km	P-value	<10 Km	P-value:
		semiur-	rural	Vercelli	VS		vs VC		vs VC	
	2.	ban belt	belt		<10 km					
Lung	Total	85	93	848	0,98	0,94	1,21	0,20	1,24	0,18
	by sex					0.44				
	M	70	83	686	0,92	0,66	1,22	0,26	1,33	0,03
	F	15	10	162	1,58	0,99	1,13	0,99	0,71	0,99
Nervous	Total	10	16	101	0,67	0,84	1,20	0,84	1,79	0,12
	by sex									
	М	6	6	53	1,09	0,99	1,35	0,99	1,24	0,99
	F	4	10	48	0,42	0,42	1,02	0,81	2,81	0,03
Colon-	Total	55	36	533	1,64	0,06	1,25	0,26	0,76	0,26
rectum	by sex									
	М	22	32	283	0,75	0,87	0,93	0,87	1,24	0,87
	F	17	20	250	0,90	0,99	0,83	0,99	0,93	0,99
Lynphoma	Total	13	11	127	1,27	0,99	1,24	0,99	0,98	0,99
	by sex					$\sum_{i=1}^{n}$				
	Μ	9	2	62	4,90	0,15	1,74	0,36	0,35	0,36
	F	4	9	65	0,47	0,78	0,75	0,78	1,60	0,78
Liver+bile	Total	34	36	244	1,01	0,94	1,68	0,015*	1,66	0,015*
duct	by sex						1			
	Μ	18	20	130	0,98	0,91	1,66	0,12	1,69	0,12
	F	16	16	114	1,05	0,97	1,71	0,18	1,62	0,18
Leukaemia	Total	17	20	127	0,97	0,24	1,55	0,24	1,60	0,18
	by sex							9		
	М	5	9	72	0,64	0,99	0,79	0,99	1,24	0,99
	F	12	11	69	1,24	0,76	2,03	0,09	1,65	0,34
Estomach	Total	12	15	214	0,86	0,88	0,68	0,69	0,79	0,88
	by sex									
	М	8	11	122	0,79	0,99	0,78	0,99	0,99	0,99
	F	4	4	92	1,05	0,78	0,53	0,69	0,50	0,69
Bladder	Total	9	19	127	0,51	0,24	0,86	0,77	1,69	0,12
	by sex				,	,	,	,	,	,
	М	8	13	89	0,67	0,99	1,07	0,99	1,60	0,45
	F	1	6	38	0,18	0,42	0,32	0,52	1,83	0,52
Kidnev	Total	9	8	78	1.21	0.99	1.39	0.99	1.16	0.99
	by sex	ŕ	Ū.		-,	-,	-,-,	-,	-,	• ,
	М	6	5	52	1,31	0.99	1,38	0,99	1,06	0,99
	F	3	3	26	1,05	0,99	1,41	0,99	1,33	0,99
All	Total	355	436	3136	0.87	0.07	1.37	0.0003*	1.57	0.0003*
tumours	by sex			2100	0,07	0,07	1,07	0,0000	1,07	3,0000
	M	210	263	2119	0.87	0.16	1.18	0.04	1.36	0.0003*
	F	145	173	1017	0,88	0,31	1,74	0,0003*	1,97	0,0003*

Table 3 - Analysis of semiurban vs rural belts and vs Vercelli- oncological diseases

Residents = semi-urban belt = 3968 inhabitants (1899 male-2069 female); Rural belt = 4251 inhabitants (2069 male – 2182 female)

Ó	Non tumoural patologies										
Neoplasia	• Sex	OBS	OBS	OBS	>10 km	P-value	>10	P-value	<10 km	P-value	
	2	semi-	rural belt	Vercelli	vs <10		km		vs VC		
		urban belt			km		vs VC				
	M										
	F	4	1	19	4,22	0,68	2,57	0.48	0,61	0.94	
Respiratory	Total	55	44	559	1,34	0.54	1,19	0.54	0,89	0.54	
sistem	by sex										
illness											
	М	32	29	290	1,20	0.99	1,32	0.48	1,10	0.99	
	F	23	15	269	1,62	0.38	1,04	0,93	0,65	0.36	
Cronical	Total	15	22	238	0,73	0.99	0,76	0.99	1,04	0.99	
pulmonary	by sex										
illness											
	М	12	13	137	1,01	0.99	1,05	0,99	1,04	0,99	
	F	3	9	101	0,35	0.34	0,36	0.30	1,03	0,92	
Genito-	Total	12	11	120	1,17	0.99	1,21	0.99	1,03	0.99	
urinary	by sex										
illness		_	_			<b>b</b>					
	М	5	7	65	0,78	0.99	0,92	0.99	1,18	0.99	
	F	6	5	55	1,27	0.99	1,33	0.99	1,05	0.99	
Ischemia	Total	81	88	1159	0,99	0.99	0,84	0.48	0,86	0.48	
illness	by sex							v			
	М	43	46	574	1,02	0.99	0,90	0.99	0,88	0.99	
	F	38	42	585	0,95	0.92	0,79	0.57	0,83	0.57	
Cardio-	Total	359	373	3377	1,03	0.72	1,28	0.0003	1,25	0.0003	
vascular	by sex							5			
illness									0		
	М	146	163	1462	0,98	0.88	1,19	0.10	1,22	0.06	
	F	227	196	1915	1,22	0.06	1,45	0.0003	1,18	0.06	
Diabetes	Total	13	22	160	0,63	0.50	0,98	0.93	1,55	0.21	
	by sex										
	М	4	5	62	0,87	0.99	0,77	0.99	0,88	0.99	
	F	18	8	98	2,37	0.10	2,24	0.006	0,94	0,98	
All causes	Total	760	846	7526	0,96	0,50	1,22	0.0003	1,27	0.0003	
	by sex										
	М	368	403	3653	0,99	0,97	1,20	0.004	1,21	0.0027	
	F	392	443	3873	0,93	0,38	1,23	0.0006	1,32	0.0003	

Table 4 - Analysis of semiurban vs rural belts and vs Vercelli- chronic diseases

Legend:

With asterisk= significant to 99%

yellow = significant to al 95%

in bold= to comment interesting because epidemiologically

--- = no case observed

the higher vehicle pollution that characterises a city compared with the countryside. As regards NH lymphomas, that many researches (5, 9, 17, 40-43) indicate as acknowledged pathology, (together with sarcomas and soft tissues, which we did not take into account for their very small numbers), associated to the closeness to incinerator plants, we obtained the highest risk values, both in the total of sexes and for men, while we still have to clarify any excess in women.

Taking into account all neoplasia, we find that Zone B, considered as the most exposed zone, shows statistically significant excesses that are almost homogeneously diffused for both sexes, while the population living in the city show a higher risk compared with the municipalities lying North of the main town; a similar trend is shown by hepatic neoplasia Colorectal cancers, myelomas and stomach cancers show scarce statistically significant excesses and rather contradictory data, even if the good number of intestine cancers makes us almost certain that no relevant differences exist among the three areas studied in this research. Globally, also the neoplasia of the urinary tract (kidney and bladder) in its whole, although not characterised by significant RMs, show a trend where the population living in the countryside have a higher risk of falling ill and die; the opposite happens when the frequency of these pathologies is compared between the main city and municipalities North of it. In the analysis of juvenile cancers (age: 00-44) (14, 37, 44) as regards neoplasia, a trend is observed to a higher risk among the inhabitants of the two countryside zones, especially for men; this result seems the opposite in women; when all the death causes are taken into account, a higher risk only emerges for the women living in Zone B or in Vercelli. Strictly feminine cancers (uterus or breast) show opposing trends: breast neoplasia seem to show a higher risk for women living in the countryside, probably because of the higher average

age and the lower cultural inclination to perform screening exams and/or visits; uterine cancers, on the contrary, show a mainly opposite trend, which is difficult to interpret at the time being. Larynx cancers show the same trend as the other neoplasia, with excess in the two sexes induced by the higher frequency of cases for males, especially in Zone B, while the city of Vercelli shows excesses when compared with Zone A only.

Observing the data on malformations (6-10) any hypotheses can be made, since results seems to be contradictory; nevertheless we think that the rather high RM values (especially analysing the two sexes separately) should be investigated further.

Moving to non oncological pathologies (8, 33, 37, 45, 46) we highlight an opposing trend for cardiovascular events, in fact when taking into account all the illnesses of the circulatory apparatus, the higher RM number with a significant excess is registered for the total of the two sexes and for men and women in rural Zones A and B: this trend is the opposite when considering ischemic pathologies only. In our opinion, such clear difference may be due in part to a bad classification by the certifying doctor at the death of a person, also induced by the strictly clinical-diagnostic difficulty of perfectly distinguishing a ischemic pathology from a cardiac on, and deciding which of them really caused the death.

As regards the pathologies of the respiratory apparatus, we notice that for all RM accidents, they are not excessively far from the average data and the distribution is rather homogeneous among the various areas; on the contrary, excesses are present in women for chronic respiratory illnesses only, especially for the women living in the main city. No particular considerations can be made as regards genital-urinary and metabolic pathologies, even if some high and statistically significant values may be the subject of further investigations.

In analysing all death causes (excluding the previously mentioned cancers), we find in the total of sexes slightly higher but statistically significant RMs for the two rural areas; on the contrary, if we analyse the two sexes separately, males show borderline results, while females are characterised by a trend that shows a much more unfavourable situation for the women living in the countryside compared with those living in the main city. Another hypothesis to be taken into account because of the historical features of the analysed population, is that the presence of excesses in one of the two sexes only should not force the research to be limited to a professional risk factor, instead of an environmental one. As a matter of fact, it is certain the women living in rural zones, compared with women living in cities, usually perform agricultural and/ or household activities that inevitably force them to spend more time in their living area (13).

Moving to the analysis of risks according to a higher closeness (47-49) to the risk source (Table 3-4) we notices associations, in the closer municipalities, for neoplasia of lungs, lymphomas, age 00-44 for all the causes, kidneys and all cancers; whereas for non oncological pathologies, we noticed an excess for illnesses of the respiratory and circulatory apparatus, ischemic pathologies, deformities and for all causes. The remaining pathologies show discordant data and in some cases we observed higher significant RMs for people living in farther areas; in the light of such non linear results, it is paramount to exactly study the fall of fumes and the length of stay of the deceased people in their living area, as well as their professional occupation.

# Conclusions

Overall, for many oncological and non-oncological pathologies, we observed

higher mortality risks for the people living in the two rural zones (A and B); the excesses are mainly observed in the area that we considered at higher risk (Zone B). Considering the other risk factors that we took into account in this pilot study, and knowing that the distribution of the agricultural activity, the hygienic-healthcare conditions and the education level (13) are almost homogeneous among the three areas, it is paramount to perform an inferential study (37) in order to check other variables that may influence the risk of illness. In particular, we refer to a space analysis study (47-49) on the city of Vercelli and its lowland that may at least quantify the surrogate of the residence (39), case by case, in parallel to the creation of a dispersion model of pollutants (10, 18, 39, 45, 48, 50-52) and their fall on the neighbouring territory. As a conclusion to such an intermediate phase, it would be important to perform a historical cohort study taking into account the variables not yet analysed, such as the professional exposure, the familiarity and the unnecessary factors. We think that only after these interventions we will be able to state that the differences emerged from this preliminary study are induced or not by environmental pressure factors and/or other aetiology and risk determinants.

#### Riassunto

#### Studio esplorativo sull'andamento della mortalità nel territorio circostante un impianto di incenerimento di rifiuti solidi urbani nel comune di Vercelli (Piemonte, Italia) 1988-2009

**Obiettivi:** Le realtà dove presente inceneritori presentano spesso problemi di popolazioni eterogenee e con presenza di diversi pressanti ambientali. Diventa importante valutare il possibile ruolo eziologico dei diversi fattori di rischio ambientali e cercare di quantificare quanto essi incidano nell'eccesso epidemiologico

**Metodi:** Il presente studio si basa sulla mortalità ISTAT per tutte le cause nel periodo 1988-2009 riferito a 10 comuni a sud del capoluogo limitrofi all'inceneritore attivo dal 1977 (10 anni di latenza). I rischi sono stati calcolati considerando quest'area a rischio vs i comuni a Nord di Vercelli e vs lo stesso capoluogo di provincia.

**Risultati:** Sono emersi eccessi statisticamente significativi a maggior carico per l'area sud come neoplasia s. nervoso, fegato e totale tumori.

**Conclusioni:** Lo studio pur presentando diversi limiti è meritevole di approfondimento tramite ricerche inferenziali ad hoc quali coorte e/o caso controllo dove si possano controllare diversi confondenti ambientali,occupazionali e voluttuari.

#### References

- Aboh IJK, Henriksson D, Laursen J, et al. EDXRF characterisation of elemental contenents in PM 2.5 in a medium-sized Swedish city dominated by a modern waste incineration plant. X-Ray. Spectrometry 2007; 36(2): 104-10.
- Armstrong BK, White E, Saracci R. Principles of Exposure Measurement in Epidemiology. Oxford: Oxford University Press, 1992.
- 3. Aylin P, Bottle A, Wakefield J, Jarup L, Elliott P. Proximity to coke works and hospital admissions for respiratory and cardiovascular disease in England and Wales. Thorax 2001; **56**(3): 228-33.
- Bertollini R, Martuzzi M. Disease mapping and public health decision making. Report of a WHO meeting. Am J Public Health 1999; 89: 780.
- Bianchi F, Minichilli F. Mortality for non Hodgkin lymphoma in the period 1981-2000 in 25 Italian municipalities with urban solid waste incinerators. Epidemiol Prev 2006; **30**(2): 80-1.
- Bianchi F, Terracini B. Potenzialità, criticità e prospettive dell'integrazione ambiente-salute. In: Cori L, Cocchi M, Comba P, Eds. Indagini epidemiologiche nei siti di interesse nazionale per le bonifiche delle regioni italiane previste dai Fondi strutturali dell'Unione Europea. Roma: Istituto Superiore di Sanità, 2005: 125-35.3 (Rapporti ISTISAN 05/1).
- Bianchi F. Biomonitoraggio in epidemiologia ambientale. In: Bianchi F, Comba P, Eds. Indagini epidemiologiche nei siti inquinati: basi scientifiche, procedure metodologiche e gestionali,prospettive di equità. Roma: Istituto Superiore di Sanità, 2006: 51-67 (Rapporti IS-TISAN 06/19).
- 8. Fano V, Forastiere F, Papini P, et al. Analisi della mortalità e dei ricoveri ospedalieri nel

comprensorio di Civitavecchia, 1996-2003. Epidemiol Prev 2006; **30**(4-5): 221-6.

- Hodgson S, Nieuwenhuijsen MJ, Hansell A, et al. Excess risk of kidney disease in a population living near industrial plants. Occup Environ Med 2004; 61(8): 717-9
- Knox EG. Childhood cancers and atmospheric carcinogens. J Epidemiol Community Health 2005; 59(2): 101- 5.
- Porta D, Milani S, Lazzarino AI, Perucci CA, Forastiere F. Systematic review of epidemiological studies on health effects associated with managment of solid waste. Environmental Health 8:60 2009 Press; 1992.
- Trinca S. Condivisione dell'informazione geografica come strumento per la gestione e l'analisi di fenomeni ambientali e sanitari. In: Cori L, Cocchi M, Comba P, Ed. Indagini epidemiologiche nei siti di interesse nazionale per le bonifiche delle regioni italiane previste dai Fondi strutturali dell'Unione Europea. Roma: Istituto Superiore di Sanità, 2005: 141-7 (Rapporti ISTISAN 05/1).
- Cesaroni G, Agabiti N, Rosati R, Forastiere F, Perucci CA. Un indicatore sintetico di posizione socioeconomica basato su dati del censimento 2001 per la città di Roma. Epidemiol Prev 2006; 30(6): 352-6.
- Knox EG. Childhood cancer, birthplaces, incinerators and landfill sites. Int J Epidemiol 2000; 29(3): 391-7.
- Rowat SC. Incinerator toxic emissions: a brief summary of human health effect with a note on regulatory control. Medical Hypothesis 1999; 52(5): 389-96.
- Trattamento dei rifiuti e salute Posizione dell'Associazione Italiana di Epidemiologia. Epidemiol Prev 2008; **31**: 3-4.
- Floret N, Mauny F, Challier B, Arveux P, Cahn JY, Viel JF. Dioxin emissions from a solid waste incinerator and risk of non Hodgkin lymphoma. Epidemiology 2003; 14(4): 392-8.
- Floret N, Viel JF, Lucot E, et al. Dispersion modeling as adioxin exposure indicator in the vicinity of a municipal solid waste incinerator: a validation study. Environ Sci Technol 2006; 40(7): 2149-55.
- Lampi P, Hakulinen T, Luostarinen T, Pukkala E, Teppo L. Cancer incidence following chlorophenol exposure in a community in southern Finland. Arch Environ Health 1992; 47(3): 167-75.

- 20. Victorin K, Stahlberg M, Ahlborg UG. Emission of mutagenic substances from waste incineration plants. Waste Manage Res 1988; **6**: 149-61.
- Yang W, Peters JI, Williams RO 3rd. Inhaled nanoparticles- a current review. Int J Pharm 2008; 356(1-2): 239-47
- Linzalone N, Bianchi F. Incinerators: not only dioxins and heavy metals, also fine and ultrafine particles. Epidemiol Prev2007; 31(1): 62-6.
- World Health Organization (WHO). Population Health and Waste management: scientific data and policy option. Report of a WHO workshop. Rome, Italy, March 29-30, 2007. Available at: www.euro.who.int/\_\_data/assets/ pdf\_file/0012/91101/E91021.pdf [Last access: May 20, 2015].
- Elliott P, Arnold R, Barltrop D, Thornton I, House IM, Henry JA. Clinical lead poisoning in England: an analysis of routine sources of data. Occup Environ Med 1999; 56(12): 820-4.
- Iavarone I. Valutazione dell'esposizione ad inquinanti ambientali. In: Bianchi F, Comba P, Eds. Indagini epidemiologiche nei siti inquinati: basi scientifiche, procedure metodologiche e gestionali,prospettive di equità. Roma: Istituto Superiore di Sanità, 2006: 18-33 (Rapporti ISTISAN 06/19).
- 26. Terracini B. Aree oggetto di bonifica: inquadramento teorico e metodologico. In: Cori L, Cocchi M,Comba P, Eds. Indagini epidemiologiche nei siti di interesse nazionale per le bonifiche delle regioni italiane previste dai Fondi strutturali dell'Unione Europea. Roma: Istituto Superiore di Sanità, 2005: 53-67 (Rapporti ISTISAN 05/1).
- World Health Organization (WHO). Environmental epidemiology: A textbook on study methods and public health application. Preliminary Edition. Geneva: WHO, 1999. (WHO/SDE/OEH/99.7).
- Chellini E, Cherubini M, Chetoni L, Seniori Costantini A, Biggeri A, Vannucchi G. Risk of respiratory cancer near a sewage plant in Prato, Italy. Arch Environ Health 2002; 57(6): 1-4.
- Elliott P, Westlake AJ, Hills M, et al. The Small Area Health Statistics Unit: a national facility for investigating health around point sources of environmental pollution in the United Kingdom. J Epidemiol Community Health 1992; 46(4): 345-9.
- 30. Iavarone I. Valutazione dell'esposizione ad inquinanti ambientali. In: Bianchi F, Comba P,

Eds. Indagini epidemiologiche nei siti inquinati: basi scientifiche, procedure metodologiche e gestionali,prospettive di equità. Roma: Istituto Superiore di Sanità, 2006: 18-33 (Rapporti ISTISAN 06/19).

- Katsouyanni K, Zmirou D, Spix C, et al. Short-term effects of air pollution on health: a European approach using epidemiological time-series data: the APHEA protocol. J Epidemiol Community Health 1996; 50(Suppl 1): S12-8.
- Enhance Health Project. Evaluation of the health status of the population living in the area of Coriano (Forlì) 2007. www.arpa.emr.it/ cms3/documenti/\_cerca\_doc/rifiuti/inceneritori/ enh\_relazione\_finale.pdf [Last access: June 10, 2015].
- 33. Wang L, His H, Chang J. Influence of start-up on PCDD/F emission of incinerators. Chemosphere 2007; **67**: 1346-53.
- Stafoggia M, Picciotto S, Forastiere F, et al. Inquinamento atmosferico ed eventi coronarici fatali e non fatali a Roma. Epidemiol Prev 2005; 29(1): 40-7.
- www.sistemapiemonte.it/cms/pa/demografia-estatistica/servizi/129-pista-piemonte-statisticae-b-d-de [Last access: June 10, 2015].
- www.epicentro.iss.it/problemi/mortalita/ aggiornamenti.asp [Last access: June 10, 2015].
- Wilkinson P, Elliott P, Grundy C, et al. Casecontrol study of hospital admission with asthma in children aged 5-14 years: relation with road traffic in North West London. Thorax 1999; 54(12): 1070-4.
- www.arpa.piemonte.it/ [Last access: June 10, 2015].
- 39. Cyrys J, Hochadel M, Gehring U, et al. GISbased estimation of exposure to particulate matter and NO2 in an urban area: stochastic versus dispersion modeling. Environ Health Perspect 2005; **113**(8): 987-92.
- Biggeri A, Catelan D. Mortality for non Hodgkin lymphoma and soft-tissue sarcoma in the surrounding area of anurban waste incinerator. Campi Bisenzio (Tuscany, Italy) 1981-2001. Epidemiol Prev 2005; 29(3-4): 156-9.
- Floret N, Lucot E, Badot PM, Mauny F, Viel JFA. Municipal solid waste incinerator as the single dominant point source of PCDD/Fs in an area of increased non Hodgkin's lymphoma incidence. Chemosphere 2007; 68(8): 1419-26.

Epidemiological study in the countries of low vercellese neighboring to an incinerator

- 42. Viel JF, Arveux P, Baverel J, Cahn JY. Soft-tissue sarcoma and Non Hodgkin's Lymphoma clusters around a municipal solid waste incinerator with high dioxin emission levels. Am J Epidemiol 2000; **152**(1): 13-9.
- Viel JF, Daniau C, Goria S, et al. Risk for non Hodgkin lymphoma in the vicinity of French municipal solid waste incinerators. Environ Health 2008; 7: 51.
- Knox EG. Childhood cancers and atmospheric carcinogens. J Epidemiol Community Health 2005; 59(2): 101-5.
- 45. Sexton K, Ryan PB. Assessment of human exposure to air pollution: methods, measurement and models. In: Watson AY, Bates RR, Kennedy D, Eds. Air pollution, the automobile, and public health. Washington, DC: National Academy Press, 1988.
- Widory D. Nitrogen isotopes: tracers of origin and processing affecting PM10 in the atmosphere of Paris Atmos Environ 2007; 42(11): 2382-9.
- Biggeri A, Barbone F, Lagazio C, Bovenzi M, Stanta G. Pollution and lung cancer in Trieste; Italy spatial analysis of risk as a function of distance from sources. Environ Health Perspect 1996; **104**(7): 750-4.

- Elliott P, Wartenberg D. Spatial epidemiology: current approaches and future challenges. Environ Health Perspect 2004; 112(9): 998-1006.
- 49. Elliott P, Martuzzi M, Shaddick, G. Spatial statistical methods in environmental epidemiology: a critique. Stat Methods Med Res 1995; **4**(2): 137-59.
- Environmental Public Health Tracking. London: Imperial College London. Available at: wwwf. imperial.ac.uk/imedia/itunes\_collections/view/ public-health [Last access: June 10, 2015].
- European Human Biomonitoring. ESBIO: Expert team to Support BIO monitoring in Europe. Available at: cordis.europa.eu/ documents/documentlibrary/123869801EN6. pdf [Last access: June 10, 2015].
- 52. Franchini M, Rial M, Buiatti E, Bianchi F. Health effects of exposure to waste incinerator emissions: a review of epidemiological studies. Ann Ist Super Sanita 2004; **40**(1): 101-15.
- 53. Olsen SF, Martuzzi M, Elliott P. Cluster analysis and disease mapping why, when, and how? A step by step guide. Br Med J 1996; **313**: 863-6.

Corresponding author: Dr. Christian Salerno, Department Translational Medicine, Laboratory of Environmental Hygiene, University of Eastern Piedmont "Amedeo Avogadro", Via Solaroli 17, Novara, Italy e-mail: christiansalerno@aliceposta.it Conflict of interest none